



Proclamation



WALK TO SCHOOL DAY

WHEREAS, the National Household Travel Survey found that in 2017 only 10.4 percent of children walked or biked to school, a decrease from 13.7 percent in 2001; and

WHEREAS, the National Survey of Children's health found that in 2018 about 16 percent of North Carolina children were obese (compared to 15.5 percent nationwide) and about 45 percent of North Carolina children had 3 days per week or less of rigorous physical activity (compared to 43.7 percent nationwide); and

WHEREAS, the Town's 2012 Safe Routes to School Action Plan, emphasizes the multitude of benefits associated with increased physical activity for kids including: weight control, bone health, more restful sleep, and better focus in school; and

WHEREAS, the Town's 2020 Updated Bicycle Plan recommends continuing partnership with local schools and implementing the recommendations in the Safe Routes to School plan; and

WHEREAS, the Town's 2020 Community Climate Action Plan recommends accelerating efforts to support the Safe Routes to School Program, including coordination with the School District and PTAs to promote bike and walk to school days; and

WHEREAS, The Partnership for a Walkable America founded Walk to School Day in the United States in 1997 and began with events in two cities: Chicago and Los Angeles; and

WHEREAS, the Chapel Hill-Carrboro City Schools Board of Education endorsed the 2012 Carrboro Safe Routes to School Action Plan, which recommends establishing a regular Walk and Bike to School Day; and

WHEREAS, schools within the Town of Carrboro have participated in Walk to School Day since October 2011; and

WHEREAS, Walk to School Day events provide unique opportunities for students and parents to engage with other members of their community while also protecting our environment by reducing dependency on motor vehicle travel;

NOW, THEREFORE BE IT RESOLVED, that I, Lydia Lavelle, Mayor of the Town of Carrboro, North Carolina, do hereby proclaim October 6th as **Carrboro Walk to School Day**. I urge all students in Carrboro who are able to do so to walk to school on this day, and to consider doing this as often as possible during the school year.

This is the 5th day of October in the year 2021.



Lydia E. Lavelle, Mayor